

PARAVIEW SERIES 1: INTUITION / HEALING

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Cat. #	Subject/Description	RT	TC In	TC Out
101	Gary Zukav / Author "The Seat of the Soul"	1:03	1:00:00	1:01:25
	Zukav explains that the evolution of consciousness happening now, is from within. The pursuit of power (controlling our environment) no longer serves our species. We are now a multi-sensory species (not limited to the five senses) and our mode of evolution is responsible choice, with the assistance of non-physical guides and teachers. Our goal is authentic power: the alignment of the personality with the soul.			
102	Michael Ray / Prof. Stanford Bus. School	2:33	1:01:25	1:04:20
	Prof. Ray says that intuition is at the heart of business; we must rely on our inner knowing. He performs a simple experiment with a student, asking him to consider an important issue that needs resolution, then to commit to making the decision of the basis of a coin toss. The student flips the coin and proclaims "It's a good decision " According to Ray, we use the coin flip to see the decision we already have within us.			
103	Wendy Palmer / Aikido Instruct. / Auth. "The Intuitive Body"	1:06	1:04:20	1:05:45
	Palmer teaches that Aikido allows us to train and develop the ability to stay calm, centered and focused, so when the pressures of life arise, one knows how to settle down and access the intuition that is innate in all our systems.			
104	Nancy Rosanoff / Intuition Consultant / Auth. "Intuition Workout" Laurie Nadel, Ph.D./ Corporate trainer / Auth. "Sixth Sense"	2:30	1:05:45	1:08:18
	Rosanoff explains that intuitive knowledge is very different than analytic information, which is why it has been difficult to incorporate in the decision making process. During an intuition seminar, tips are shared including how to make business meetings more productive. The difference between men's and women's intuition is explored. Dr. Nadel tells how we can tell a real hunch from a false hunch. The trick is to recognize your own personal signals: an inner voice or a feeling in the body.			
105	Dr. Dean Brown / physicist & philosopher	3:11	2:00:00	2:03:35
	Dr. Brown claims that great artists have the ability to capture something that resonates with our humanity. Intuition is the perception of essences; what remains when you take everything else away. Intuition precedes logic. It is the wellspring of creativity. All living things are part of a process drama to unfold consciousness from un-awareness to total awareness.			

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106	Dr. Mona Lisa Schultz /Intuition in the Hospital	1:28	2:03:35	2:05:25
	Dr. Schultz tells a dramatic story of a "gut feeling" she had about an emergency patient. As soon as she saw the woman, she ordered an EKG, although there was no reason to suspect a heart attack. Her intuitive decision probably saved the patient's life.			
107	Dr. Norman Shealy Ph.D./ Founder, Shealy Inst.	2:28	2:05:25	2:07: 49
	Dr. Shealy recounts his medical career from traditional surgery to using "energy medicine" to treat patients who do not otherwise respond. For 25 years he has treated pain and depression with energy techniques, which he feels are changing the course of medicine. Intuition helps his patients say "Aha! That's the cause of my illness."			
108	Caroline Myss / Author / The Anatomy of the Spirit	2:29	3:00:00	3:02:50
	Myss explains how her workshops taught her that people are already intuitive: having the ability to know what job to take or who to go out with. What most of us lack is self-esteem, preventing us from following these feelings we get all the time. Then we let crisis make the decision for us.			
109	Christine Northrup, M.D. / Author, Women's Bodies, Woman's Wisdom.	1:06	3:02:50	3:04:13
	Dr. Northrup claims our body's intuition and our diseases are connected; so diseases in the body are simply the body's wisdom trying to get our attention. She explains that we don't cause our diseases, but that they come to us as a larger wisdom, to get our attention. Bernie Siegal says, "Pain is God's reset button."			
110	John Renesch / Editor, The New Leaders	1:16	3:04:13	3:05:50
	Resesch claims the American Dream is being challenged by a new awareness of how much is "enough". He argues that as personal values change, the values of businesses are being similarly transformed, to reflect a more sustainable society.			
111	Jeffrey Mishlove/ Pres. Intuition Network	0:57	3:05:50	3:07:10
	Mishlove reminds us that we have the power to destroy the environment, and that power comes with an equally great responsibility to use our intuitive wisdom to preserve it. He sees a growing awareness of ourselves as a global community.			

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112	Dean Radin /Ph.D. Author The Conscious Universe	3:56	3:07:10	3:11:15
	(1) Radin explains that part of the intuition he studies is how information can come directly into your head, from the outside. In lab experiments, he mimics hunches that have vital implications for the subjects. An example is a fascinating test, which monitors a person's reaction to pictures, to see if they can react before the image is shown. Radin tells the amazing story of how this type of "hunch" prevented a bullet from being loaded into a gun, saving a man's life.			
113	Dean Radin /Ph.D. Author The Conscious Universe	0:58	3:11:15	3:12:35
	(2) Radin draws a comparison between gamblers in Los Vegas, who wish for a result (winning at slot machine) and situations in ordinary life when we desire a certain outcome. In both cases, he says, trying too hard can diminish the effect, or dull the intuition.			
114	Dean Radin /Ph.D. Author The Conscious Universe	4:07	3:12:35	3:17:05
	(3) Radin theorizes that because of our inter-connectedness, our thoughts directly effect each other. Therefore, a person starving somewhere in the world effects us because we are not really separate from them. He explains the strange correlations in twin's lives (reading the same books, having the same dreams) using Bell's theorem which describes how systems, when separated, continue to correspond with each other. He expands this idea to include interconnectedness between humans and nature: which potentially can change society.			
115	Dr. Robert Jahn / P.E.A.R. Labs	2:50	3:17:05	3:20:15
	Dr. Jahn explains experiments being conducted at Princeton University to measure the mind's effect on the physical world. Interestingly, couples who are "resonant" with each other can have seven times greater effect than the individuals alone, to move objects in controlled tests.			
116	Norman Don / Neuroscientist and Ass. Prof. University of Illinois	0:59	3:20:15	3:21:35
	Dr. Don tells of the "Ah Ha" experience and how it leads to valuable insights. He gives practical suggestions for how we can access and utilize this state "when the mind quiets."			
117	Dr. Steve Pinker / Professor, MIT/Author How the Mind Works	1:53	3:21:35	3:23:50
	Dr. Pinker describes the "Ah Ha" experience, proposing that the popular notion of a "genius" who dreams the solution to a problem, or envisions an entire symphony, is not always the case. He offers examples of Mozart's notebooks, which show a gradual development of ideas, concluding that creativity is often achieved in small steps.			

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Cat. #	Subject/Description	RT	TC In	TC Out
118	Gerald Epstein / Director, American Institute for Mental Imagery	0:45	3:23:50	3:24:55
	Epstein observes that stress and fear are caused when we are concerned with the future or the past. By living in the present, he claims, we will not have these anxieties, but instead, enjoy contentment, happiness and peace.			
119	Barbara Marx-Hubbard (1) / President, Foundation for Conscious Evolution	0:43	3:24:55	3:26:00
	Hubbard suggests that since the more complex organisms in nature are more highly developed consciously, the human race as a whole may hold greater potentials than we have yet considered, because of principles of universal consciousness.			
120	Barbara Marx-Hubbard (2) / President, Foundation for Conscious Evolution	1:11	3:26:00	3:27:12
	Hubbard shares insights gained from her conversations with Dr. Jonas Salk; that she is among millions of "mutants" who feel the need to help the world gain a greater consciousness. She describes her current project: a university program of higher consciousness.			
121	Montage of educators and professionals giving one-liners to the question " What is intuition?"	1:33	6:00:45	6:02:14
	Comments like: "It is one of those well-kept secrets that intuition is what people at the top of organizations have." "Intuition is knowing without knowing how you know." " It's about getting to a destination without having a road map." "Judgement about people is eighty percent intuitive." "What I see coming is the metamorphosis of the human race."			
123	Jean Simonelli, Ph. D./ author "Too Wet Too Plow"	1:57	6:02:14	6:04:23
	Intuition developed through our instinct to survive. Those who had good intuition could avoid danger more easily and thus have a better chance of survival. Simonelli believes it is biological and comes from our non-human past, and that all human beings possess it as part of our survival mechanism. Beautifully dramatized showing how primitive man used his intuition to survive on the open plains of Africa.			
124	Archimedes/ancient Greece/ Dramatization	3:08	6:04:23	6:07:28
	Tastefully shot on location at the Greek Colony of Syracuse in Sicily, Archimedes the famous physician is asked by the king to find out whether his crown is solid gold or not. Pondering the question, it is not until he takes a bath, that the answer comes to him. In this way we see that by letting go, the intuitive process is able to work.			

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125	Native American/Intuition/Dramatization	2:52	6:07:28	6:10:25
	Native Americans have always used their intuitional skills, from the subtle teachings of traditional practices to the medicine man's search for insight and knowledge. We see how a Navajo grandmother teaches her granddaughter to weave, and hear the story of how the Navajos discovered their most potent medicine by listening to the voice within. Shot on location in Arizona, real Navajos re-enact the stories.			
126	Renes Descartes/ Dramatization	1:20	6:07:34	6:11:53:13
	With the coming of the Black Plague, the Medieval populace demanded scientific control and distrusted the intuitive process. Women intuitives who were healers and midwives were burnt at the stake as witches. Rene Descartes describes the scientific method and champions the "Age of Reason".			
127	Sir Isaac Newton/ Dramatization	2:29	6:11:56	6:14:30:20
	Told by one of Newton's housemaids, she describes his thought process and how, if one can let go of one's problems, often the answers come on their own. We see Newton under an apple tree contemplating his theory of gravity, and how the intuitive process helps him understand it. It is this very process which many claim is responsible for solving some of man's most mysterious problems. Shot on location at a palatial English estate.			
128A	Mozart/ Dramatization	2:41	6:14:30	6:17:10:03
	Mozart describes in his own words his unique process of writing music. He explains that when he is feeling good about himself, like riding in a carriage, or walking in a garden, often the music just comes to him with no effort at all. It is an inner feeling that wells up inside of him and manifests itself as music. We see him in deep contemplation while his female companions frolic in the fields with their Great Dane.			

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Cat. #	Subject/Description	RT	TC In	TC Out
128B	Montage of Historic Figures/Intuition/Dramatization	01:08	6:17:10	6:18:32:03
	Several prominent figures comment on the value of intuition in their lives. They include William Blake, who, in his own words describes the thought process of how he wrote his epic poem "Milton" and the nature of spontaneous events. Emily Dickinson states that "Intuition is the blossom of the brain", Rudyard Kipling declares "When your demon is in charge, let it flow." and Alexander Graham Bell reveals that "The voice within is available when you know what you want." These are all illustrated with black and white photos and live footage where possible and dramatic voice overs of the people.			
129	Thomas Edison/Dramatization	02:30	6:18:32	6:21:14
	In Edison's lab one his assistants describes the multitude of discoveries and how the intuitive process was responsible for Edison's success. We meet and watch Edison working on the problems of the electric car. His achievements attest to the value of keeping track of your intuitions.			
130	Winston Churchill/Dramatization	01:16	6:21:15	6:22:56
	We see news-reel footage of Winston Churchill during World War II and listen in his own words to the amazing story of how he saved his own life by listening to the "little voice within".			
131	Albert Einstein/Dramatization	01:39	6:22:56	6:24:44
	Like his predecessor, Isaac Newton, Einstein describes the intuitive process and how it helped him in his experiments with time and space. He states, "there is a leap in consciousness and how the solution comes to you, you don't know." Illustrated with black and white photographs and live footage, Einstein reveals his secret for problem solving.			
132	Carl Jung/Dramatization	03:30	6:24:44	6:28:39
	We see Carl Jung and his colleges at his house sitting around the fire debating the reality of intuition. Jung believed in the idea of a collective consciousness and that we all have the ability to tap into it through our own intuitive abilities.			

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Cat. #	Subject/Description	RT	TC In	TC Out
133	Philip Goldberg/ Author, "The Intuitive Edge"	01:40	7:00:30	7:02:07
	Standing in front of a nuclear submarine, Goldberg describes how intuition is like an internal gyroscope in our everyday functioning. Intuition, he says, makes sure we are at the right place at the right time. Using the submarine as a background he illustrates how the subconscious mind is like the ocean and our conscious mind the ships which float on top of it.			
134	Henry Reed, Ph. D./ Author, "Mysteries of the Mind"	01:00	7:02:07	7:03:13:14
	Walking along a wooded road, Dr. Reed explains how we use our intuition to connect with our environment. He describes how athletes are often able to feel the right play or the direction they should be going. Intuition, he believes, is a form of empathy that allows us to feel our oneness with all life.			
135	Sir Frederick Hoyle, Ph. D./ Astronomer and Cosmologist and Richard Feynman, Ph.D./ Nobel Prize Winner/Quantum Mechanics	02:30	7:03:14	7:05:44:10
	Briefly the theory of Quantum Mechanics is discussed and illustrated using computer graphics. We walk with Dr. Richard Feynman and Sir Frederick Hoyle and listen to their conversation on how they are able to get solutions to their problems to magically appear through their use of intuition.			
136	Laurinda Vlasoff/ Native American Fisherman/ Knowing where the fish are.	01:10	7:05:44	7:06:57:15
	Shot on location in Alaska, a fisherman's wife talks about how her husband just seems to know where the fish are. "My husband just seems to have an inner understanding of what the fish are going to do." She believes that intuition plays a major role in helping her husband provide for their family.			

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Cat. #	Subject/Description	RT	TC In	TC Out
137	Roy Scheider/OC / Introduces Jonas Salk with an explanation of intuition Jonas Salk/Inventor of Polio vaccine	03:38	7:06:57	7:10:49:26
	Sitting at a table near a fountain, Mr. Scheider introduces the idea that a new trend seems to be emerging; one of relaxation, openness, and trust. We are at the point in time where we are re-learning to trust the small voice within us all. He quotes from a book written by Jonas Salk stating how his intuition gives him presents every day. Jonas Salk reveals how his intuition played a major role in finding the vaccine for polio. Using historical footage and interviews with Salk himself, we hear the story first hand of how he received valuable information about the polio vaccine during a stay at a monastery. He states "The human animal is a dreamer and capable of making his dreams come true." Shot on location at Salk's laboratory in San Diego, he discusses what he feels is the next evolutionary step for mankind in the future.			
138	Ely Callaway /Golf Club Manufacture	02:30	7:10:49	7:13:36:14
	Ely Callaway, using his expertise in the game of golf and a gut feeling about a specific club, created one of golf's most successful companies. Join us as we hear how Callaway used his intuition to steer his company, and choose his business partners. He comments on why he feels many golfers self-destruct and how he learned to use his intuition from his mother and sisters. Using personal interviews and historical footage we learn the benefits of intuition from one of golf's most successful businessmen.			
139	Michael Munn, Ph.D./Physicist	05:00	7:13:36	7:18:50:06
	Dr. Munn, chief scientist at Lockheed Aerospace, used his intuition to protect us from harm from outer space. We hear how meditation periods during lunch breaks led to breakthroughs in the design of our missile defense system. Shot on location at Lockheed, we watch his team work on the interception of ICBM's and hear how intuition plays a vital role in his life. We hear Dr. Munn tell his story of being diagnosed with MS. He describes it as the darkest period of his life. Just when he was about to give up, a glowing ball of light appeared in his room and his life was changed forever. Hearing this top scientist describe his white light experience is very dramatic and impacts anyone who listens to it.			

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Cat. #	Subject/Description	RT	TC In	TC Out
140A	Laurie Monroe/The Monroe Institute/Explorations in Consciousness	03:30	7:18:50	7:22:37:00
	One of man's greatest fears is the fear of death. Through the use of hemi-synch sound generators and biofeedback tools, scientists at the Monroe Institute help participants realize that their consciousness survives physical death. By knowing this Laurie Monroe explains, "Our perspective changes and many are able to live a much more productive life." Shot on location at the Institute in Virginia, we hear from Robert Monroe, the founder, a description of how the out of body experience has changed his life.			
140B	Laurie Monroe/The Monroe Institute/Explorations in Consciousness	03:30	7:22:37	7:26:23:24
	Skip Atwater, the Monroe Institute's leading researcher, explains how it is possible for sound to induce the out of body experience. It is in this state that the experiencer is able to explore his intuitive nature. Robert Monroe, in one of his last interviews, reveals how we are more than our physical bodies. By knowing that we survive physical death, he believes a great burden is lifted from us all.			
141	Jeffery Mishlove/President, The Intuition Network	03:36	8:00:00	8:03:36
	Standing next to giant radio telescopes in Socorro, New Mexico, Jeffery Mishlove explains how the universe within us is as vast and strange as the farthest reaches of outer space. We hear a brief history of the Intuition Network and its founder. Currently people seeking to develop their own intuition use the network worldwide to conduct experiments showing how we are all connected. Mishlove feels that people using intuition in the fields of remote viewing, law enforcement, archaeology, and financial forecasting are the seeds of what will become a major industry that is in the process of transforming our world. It is forcing us to realize that we are global beings and one with all things on this planet.			
142	Montage of Professionals/ Intuition	00:56	8:03:37	8:04:45
	Professionals and experts give one liners on their feelings about intuition. "Intuition is as natural to the human animal as walking on two feet." "Intuition is a property of the nervous system." "Intuition began when man had to decide when to fight or flight." "Intuition precedes logic."			

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143	In the Emergency Room/ Intuition	01:10	8:04:45	8:05:56
	Triage supervisor, Barbara Biaggi describes how all her nurses receive the same training yet some seem to have a sixth sense about their job. This quality often helps them determine more quickly how severe an individual really is. In some cases it can determine whether a patient lives or dies. Dr. Peter Gruber, an ER physician, comments on the phenomena of how some patients know when they are going to die before the doctors do. Both cases suggest that we have intuitional abilities that we are just beginning to recognize.			
144	N/A			
145	Woman on the Phone/ Intuition	01:15	8:06:03	8:07:32
	In an experiment to see if a woman can guess who is calling her on the phone, we are able to watch ESP in live action. In what seems to defy all logic she is able to guess whom some of her callers are, a phenomena many characterize as our intuitive abilities.			
146	Dr. Helen Fisher/Anthropologist/Rutgers University	01:34	8:07:31	8:09:10
	Dr. Fisher explains how intuition in humans is what instinct is to animals. For example we respond to the stimuli in our external world and use our intuition to determine whether we are in a dangerous situation or not. It developed as one of our tools of survival. When we work as a team like a rowing crew, we complete certain motions and exercises over and over again. Repetition allows behaviors to go from a conscious level of thinking to an unconscious level of thinking. In many ways this is the basis for intuition. Set on the Charles river near Boston we watch the beauty and grace of a rowing crew at practice.			
147	N/A			

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148	Dr. Susan Leeman/ Professor of Pharmacology	01:38	8:09:10	8:11:01
	Working in her lab, Dr. Leeman describes intuition as a type of knowing and understanding where we suspend the usual rules of evidence and accept that you know something. We are reminded that even in the rigorous scientific world, intuition is still a valuable tool. Shot on location in the streets of Manhattan, we hear New Yorkers explain what they think intuition is. "When two people meet, you have a feeling whether this person will be your friend or not." I use my gut feeling to tell me which way I should go and what I should do,...that's how I found the man of my dreams." "I call it a gut feeling."			
149	Dr. Michael Camilleri/ Professor of Medicine, The Mayo Clinic/ "The Gut Feeling"	01:50	8:11:01	8:13:01
	Sitting in his laboratory and showing us a model of the human body, Dr. Camilleri describes the relationship between our brain and our body. He explains how it is possible for us to have a gut feeling from a scientist's point of view. Illustrated using computer graphics we experience the evolution of the stomach and how it is possible for us to receive information from it. We hear man on the street interviews describe how some interpret their gut feelings.			
150	Detective Sergeant Mike Grimes/ Anchorage, Alaska Police/ Intuition at the Crime Scene	01:39	8:13:01	8:14:52
	Pacing around the scene of the murder, Detective Mike Grimes describes his experience with gut feelings and how it relates to the type of person who could have committed the murder. His gut feelings in combination with his many years on the force help him proceed in the investigation and ultimately apprehend the perpetrator. He claims he uses intuition consistently and it works.			
151	Joe Senungetuk/ Native American Artist and Writer/ Intuition appears like a light bulb.	00:54	8:14:52	8:15:57
	Sitting in his studio, Alaskan native Joe Senungetuk recounts that in his culture the notion of intuition is very accepted. He depicts his experiences with intuition as a light bulb going off in his head and feels it is a universal image of an idea being expressed instantaneously.			

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152	Margaret Huddleston/ Author	4:04	8:15:57	8:20:19
	In her book, Huddleston teaches patients who are about to go into surgery how to get in touch with their inner voice. She claims that our inner voice when contacted will tell us our own healing process. Surgery brings up a lot of emotions and puts us in a very vulnerable position. She believes that by getting in touch with the emotions and fears that surgery brings up we can significantly enhance the healing process. We follow a breast cancer patient through her surgery and see how Huddleston's methods of healing help her get through the process and enhance her recovery.			
153	Joseph Devito, President, IBVA and Helen Meschkow, vice-president, IBVA Brain Waves	3:32	8:20:19	8:24:07
	Using computers and brain monitoring electrodes IBVA is showing graphically how our brainwaves respond to different thought patterns. Sitting in a chair wired to a computer, Helen Meschkow shows how meditation can completely change a persons brain waves. This alludes to the theory that our thoughts do have an effect on our reality and that we can control these thoughts.			
154	Anna Wise, Author, "The High Performance Mind" Mind Mirrors	1:15	8:24:07	8:25:38
	Using a machine called the EEG or Mind Mirror, Anna Wise measures clients' different states of consciousness. We see the data on the screen as she explains how it is possible for the conscious mind and the sub-conscious mind to work together. By seeing this relationship graphically she believes our intuition can be greatly increased.			
155	Girl/ Robbery Premonition	1:08	8:25:38	8:27:01
	Girl OC tells of being in her bed one night and thinking there was someone in her apartment and robbing her house. We here of what really happened and how her premonition turned out to be a warning.			
156	Gus Katzke/ Farmer/ Inventor	2:00	8:27:01	8:29:01
	We see Gus on his farm and he recounts how he relies on his gut feeling when it comes to his daughters' suitors. We hear from a father the age-old process of culling out potential husbands to be and how successful he really is.			

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157	Navano Bell/ Car Story	1:30	9:00:00	9:01:45
	Navano tells the story of lending her car to a friend and immediately afterward hearing a voice telling her to get her car back. She decides not to for fear of being thought crazy. In the end her friend gets into an accident and she now wishes she had listened to her little voice with in.			
158	Betty Dixon/ Farmer	1:15	9:01:45	9:01:45
	Standing in front of her church, Betty recounts the story of when she and her son wanted to go to church before the started baling hay. Her husband on the other hand was afraid it might rain and wanted to bale immediately. Betty tells of hearing a voice, which told her to go to church, and they went. Later that afternoon when they finished baling their hay it started to rain. She had the awareness to listen to the little voice.			
159	Joan Duncan Oliver, Editor, "New Age Journal" and Colleen Mauro, Publisher and Editor, "Intuition Magazine"	2:25	9:01:45	9:05:54
	We hear two Editor's in Chief explain the growing interest in intuition and the important role it is now playing in our everyday lives. From young professionals to CEO's the science of intuition is being explored and demystified. It is no longer considered a fringe phenomenon but an important tool that can be used in many different arenas. They claim it is the next stage in our conscious evolution.			
160	Homicide: Life on the Street	2:40	9:05:54	9:08:49
	Actors, Reed Diamond, Richard Belzer, Melissa Leo and Yaphet Kotto, on the set of Homicide, describe the role intuition plays in their acting methods. Yaphet Kotto reveals how his intuition is always there talking to him, always there guiding him, but it is he that is not always listening. We hear others testimony of what makes the actors play their different roles and how feeling is a large part of what determines their action. By being on the set live and hearing their testimony, we get an in depth look into how the role of intuition plays for an actor on the show Homicide: life in the Streets.			

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161	Perry Merkle, founder of Café del Mundo	2:01	9:08:49	9:11:05
	For many using their intuition in the business world would not be advisable but for Perry Merkle listening to the voice with in has now turned into one of Alaska's most thriving businesses. We hear first hand how he went from the jungles in Central America to creating Café del Mundo one Anchorage's most popular coffee spots on what he calls a hunch. We hear how an entrepreneur put his intuitive process to work and is now reaping the benefits form it.			
162	Gary Markoff/ Banker	1:30	9:11:05	9:12:50
	Sometimes the environment around us illustrates a problem or solution in our every day life, but it is often up to us to recognize it. We see banker Gary Markoff walking in the Redwood forests in California where he describes for us how a fallen Redwood made him aware of what was happening in the stock market. He points out that it is signs like this that often make clear problems that are current in his life, and that by being aware of our intuition these signs are more easily seen.			
163	M. Jean Kellett/ Director of the Mikel Institute and Center	2:36	9:12:50	9:15:46
	Ms. Kellett explains the program for intuitive living and how her center goes about teaching it. We hear from her students who are at the institute about why they are studying intuition and how it has changed their lives. We see one student who is an elementary school teacher and see how she incorporates principles of intuitive living with the kids in her classes and how the kids are starving for this type of teaching. We learn how this progressive four-year program is not only teaching students to live an intuitive life but also how they are using it in their work places.			
164	Sherry Kaufield/ Child Therapist	1:06	9:15:46	9:16:52
	According to Kaufield studies show that children's intuitive skills form between the ages of 5-7 years old. She believes that it is in this stage of development that children need to be encouraged to follow their intuition. Often parents can be too over bearing at this stage and the message to the child is you cannot trust what you are feeling. She councils that children know what t hey need and it is very important for parents to trust that their child knows what is good for them. It is in this way a child will gain healthy self-esteem.			

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Cat. #	Subject/Description	RT	TC In	TC Out
501	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal"	5:16	13:00:00	13:05:33
	We hear the story of Dr. Griffin, who was diagnosed with Crohn's Disease, and how she was guided by the flowers to her garden to find a remedy for her disease. Using this information she was also able to heal her twins from an immune deficiency disease and her two-year-old son from a neurological hearing problem. We learn from this Ph.D. in Nutritional Chemistry how she not only helped heal herself and her family using only the essences of flowers, but how she developed her knowledge into a worldwide enterprise.			
502	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal"	5:53	13:05:33	13:11:43
	Dr. Griffin claims she receives information about healing from the flowers themselves. The question she had to face was how best to use this intuitive information. She walks us through her laboratory where we learn how flower essences are made. We join her in her garden as she selects the flowers and learn what guides her in choosing which ones will make the best flower essences. A detailed scientific explanation is offered, which presents the physiological effects of flower essences on our skin, and how best to apply them.			
503	Judy Griffin Ph.D. / and cancer patient Diane Bruce	3:25	13:11:43	13:15:26
	Flower essences help us in many ways, but one of the most important is in dealing with the pain of cancer treatments. We join Dr. Griffin as she counsils one of her patients, a woman who recently had breast cancer. We hear from her how flower essences have helped to relieve her pain and amazingly helped prevent hair loss due to the ravages of chemotherapy.			
504	Judy Griffin Ph.D. / and Lucy Aguirre-Kelley, OTR, Baylor University Medical Center	2:31	13:15:26	13:18:14
	Occupational Therapist, Lucy Aguirre-Kelley recalls her decision to invite Dr. Griffin to participate in a pilot study of flower essence's efficacy in the cancer ward of a busy metropolitan hospital. She shares warm stories of patients who were able to substitute certain essences of flowers for the highly addictive painkiller morphine, and significantly reduce their suffering on a measurable pain scale.			
505	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal"	1:42	13:18:14	13:20:14
	For a major hospital like Baylor University to successfully use Dr. Griffin's flower essences validates the information she was receiving. Yet the source of this information remains highly controversial. Dr. Griffin describes how she intuitively receives the information from the flowers in her garden, and the heart-warming message these gentle beings have conveyed to her.			

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506	Dorothy Maclean / Co-founder of Findhorn Garden in Scotland	3:52	13:20:14	13:24:23
	We attend the annual Flower Essence Conference, in Rowe Massachusetts where hundreds of plant-lovers meet to discuss their common belief that plants are conscious and have a message for mankind. The keynote speaker is Dorothy Maclean, co-founder of the legendary Findhorn Gardens, who describes how the small community was able to grow gigantic vegetables in rocky, sandy soil. The secret, she explains, was in their communication with the spirits of the garden. These benign entities, she claims, have a message for the human race, which she shares.			
507	Eliot Cowan / Author "Plant Spirit Medicine"	3:02	13:24:22	13:27:42
	Flower Conference speaker Eliot Cowan is regarded as one of the foremost authorities on plant spirit medicine. He details information he learned from Mexican shamans about how it is possible for man to communicate with plants and learn how to glean specific healing information from them.			
508	Kachora / Yaquii Medicine Man	1:45	13:27:42	13:29:41
	Communicating with nature is as old as humanity itself. For thousands of years, shamans and medicine men have claimed to have a dialogue with the plant kingdom. We visit with an 85-year-old Yaquii medicine man named Kachora, from Northern Mexico, who carries on the traditions of his father. He tells of his experience with plants and their ability to heal a great variety of diseases. It is his ability to talk with the spirits of nature that allows him to know which plants can heal and which plants can kill. We hear from Ed McGaa, a Native American medicine man, how the spirits come to him and what their purpose is.			
509	Dr. Mitchell L. Gaynor / Head of Oncology at Strang Cancer Prevention Center	4:14	15:00:00	15:04:31
	We visit the Strang Cornell Cancer Prevention Center where Dr. Mitchell Gaynor is utilizing complimentary healing modalities such as sound and aromatherapy in his work. He outlines the physiological effects on the body, when the sound from a Tibetan Singing Bowl, or the smell of certain flower essences is used with one of his cancer patients. This board-certified oncologist is one of the leaders in bringing together traditional methods of healing cancer, with complimentary methods which have been practiced in the East for thousands of years.			

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Cat. #	Subject/Description	RT	TC In	TC Out
510	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal"	3:31	15:04:31	15:08:19
	Dr. Griffin's research is showing that each flower essence effects and balances a different emotional state. She believes these emotional states are at the root of all disease. We follow her through her garden where she explains the particular healing properties of each of the flowers there, and how their essence can relieve specific illnesses.			
511	Dr. Mitchell L. Gaynor / Head of Oncology at Strang Cancer Prevention Center	0:50	15:08:19	15:09:26
	We hear from oncologist Dr. Mitchell L. Gaynor, some of his experiences with terminally ill patients and how the psyche is affected. He explains how his innovative use of sound and aromatherapy has been able to help his patients move along with the process of healing by helping them connect with life on a deeper level.			
512	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal"	3:38	15:09:26	15:13:20
	Dr. Griffin explains how flower essences can heal. They also conveyed a message to her about how we can learn from our diseases. Dr. Griffin likes to say that flowers "bloom under stress" and so do we. By seeing our disease as a teacher who has a lesson for us, we can make the most of a stressful situation and remain in control of our lives.			
513	Nate Marsten / Cancer patient	1:48	15:13:20	15:15:24
	We hear from Nate Marsten, a rare survivor of Multiple Myeloma, who overcame this deadly disease using only a combination of nutrition and flower essences. He tells what prompted him to take this radical approach, forgoing the traditional treatment of chemotherapy and bone-marrow transplant, and how the experience transformed his life.			
514	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal" and Leza Wilson/ Educator	4:19	15:15:24	15:19:59
	Reports of healings with flower essence often evoke the question of whether it was the essence that helped the patient heal or the beliefs of the patient alone? Dr. Griffin shares some dramatic case studies of new-born children who exhibited remarkable reactions to the essences, virtually eliminating the influence of any pre-conceived			

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515	Janet Taylor/ R.N. / Massage Therapist	1:27	15:19:59	15:21:44
	As a massage therapist, Janet Taylor uses flower essences on many of her clients. While most of these clients are humans, occasionally she is asked to make an unusual house call. We hear the amusing story of how Janet used flower essences on a racehorse that refused to go back into the ring and the remarkable effects the essences have on animals.			
516	Judy Griffin Ph.D. / Nutritionist / Author "Mother Nature's Herbal"	1:25	15:21:44	15:23:25
	We hear why Dr. Griffin believes flower essences work so well with animals and children. We visit Dr. Griffin at her home and hear the touching story of how flower essences rescued her dog from being put to sleep by the local animal shelter.			